Objective 20: Reduce New HIV Infections Among Adults and Adolescents

Maryland SHIP Vision Area 4: Infectious Disease Tools, Resources, and Promising Practices updated February 2012



Communicating

Talking with your Doctor about Sexual Health

Provides tips to discuss sexual health concerns with your health care provider.

Talking with your Kids about Sexual Health

Provides resources for parents to communicate with children about sexual activity, sexuality, and healthy relationships. Includes answers to parents' common questions.



Information, Facts, and Figures

National HIV/AIDS Strategy Links to the National HIV/AIDS Strategy.



National AIDS Taskforce

Comprehensive resource for all things "AIDS". Includes

educational material, research and statistics.



Funding to Prevent HIV/AIDS

Includes nationwide AIDS/HIV funding sources.



Overview of HIV/AIDS Policy

Brief review is provided by the Kaiser Family Foundation on the US AID/HIV policy in the United



HIV and Sexual Health Education Programs Includes information and resources for effective sex education among youth.



Clinical Reporting Requirements

Provides information for clinicians regarding requirements needed to report cases, partner

notification, testing and services. This tool also includes information surrounding prevention, risk reduction



counseling, and care.

<u>Condom Use</u>
Links visitors to information about condom use to prevent the spread of sexually transmitted infections.



Maryland Services and Hotlines

Maryland Center for HIV Prevention

Includes resources and information for HIV prevention.



Maryland Community Services Locator Provides resources for locating services, including HIV specialty care.



Promising Practices

Social Media Tools

Innovative collaboration between the Kaiser Family Foundation and MTV to get the message out to youth and adolescents regarding sex, HIV and Aids. The site provides social media tools as well as traditional education tools and statistics.



Many Men, Many Voices Multi-level group intervention that addresses cultural, social and religious norms that may impact sexual behavior and HIV risk among young black males. They discuss issues of racism and homophobia that may contribute to HIV risk behaviors.



Comprehensive HIV/AIDS Prevention Planning

Provides an example of a comprehensive HIV/AIDS prevention plan, including a list of interventions, goals and strategies to reduce the transmission of HIV in the Baltimore Region.



Syringe Exchange Programs There is currently a syringe exchange in Baltimore city that provides clean syringes to IDUs by offering a 1:1 exchange for used syringes, which could be expanded to other Maryland Counties, and involve peer educators in community outreach to engage new clients.



<u>Sistering, Informing,</u> <u>Healing, Living,</u> Empowering (SiHLE) A skills training intervention to reduce risky sex behavior among African American adolescent females. The program involves small group (10-12 girls) discussions, role-plays, and cognitive rehearsals to build confidence in initiating safe-sex conversations, negotiating for safer sex, and refusing unsafe sex encounters. It also teaches condom-use skills and the importance of healthy relationships.



Toolkit

Advocates for Youth
Parent's Sex Ed
Center

Provides resources for parents to communicate with children regarding their knowledge, values, and attitudes related to sexual activity, sexuality, and healthy relationships. Includes answers to parents' common questions.

